

Haisai Ojisan - ハイサイ おじさん

(Okinawa, Japan)

Notes by Andrew Carnie, Based on a video on You Tube: (<http://www.youtube.com/watch?v=8ARSIY4AKYI> [<http://www.youtube.com/watch?v=8ARSIY4AKYI>])

Meter: 4/4

Formation: We do it in a circle of individuals starting facing center. The original had people all facing the same way.

Introduction Step:

Bar 1 with weight on both feet, feet together, bend knees and cross arms low in front of body (1), straighten knees, arms go out to side (fully extended) (2), repeat (3,4)

Bars 2-8 repeat bar 1

Part 1: Haisai Ojisan Step (done while the singer is singing Haisai Ojisan chorus).

Depending upon the place in the music and the recording, this step can be done twice (bar 1,2) or three times (bars 1, 2, 3).

Bar 1: clap twice (1,2) Lift R foot bent at knee, hands come up to shoulder height palms facing R (3), place R heel to ground, Push R hands out to the R (4).

Bar 2: same as bar 1, but with the opposite footwork and direction. Step onto R on count 1

(Bar 3, when it happens): same as bar 1, but with a step on L foot on count 1.

Part 2: Butt wiggles gathering

Bar 1: Stepping RLRL in place, bending knees on each step so that your hips sway side to side. Arms are parallel to each other and the ground, hands are in a fist, on each step bring either the R or L arm up and over the other. Arms are kept in front of the stomach.

Bars 2-4 repeat bar 1

Part 2: Variation: Pumping Hoedown

At the dancer's whim, they can replace the butt wiggle step with this one.

Bar 1: step onto L foot (if weight isn't there already), then with an exaggerated motion, stomp the R foot into the ground on every count. Lift knee high between each stomp. While stomping you are bent over at the waist, and you push your right fist downwards on each stomp (when the leg is up the back of the elbow is parallel to the ground.)

Bars 2-4 repeat

Part 3: Shoulder Wiggle

Bar 1 step forward on R while wiggling shoulders, step back in place on L, step on R next to L, pause.

Bar 2 repeat opposite foot work

Part 3: variation 1: Body Builder

This step may be done at the whim of the dancer instead of part 3, shoulder wiggle. Do the same footwork, but instead of shaking shoulders, hunch shoulders over, with arms forward, elbows turned out (like one typical body builder's pose).

Pump arms inward once or twice.

Part 3: variation 2: Karate Thump

This step may be done at the whim of the dancer instead of part 3, shoulder wiggle. Do the same footwork, but instead of shaking shoulders, extend R hand out to side, then bring it forward touching Left shoulder. Palm of hand is facing down throughout. Repeat with opposite hand.

Part 4: walking

On the video this step is done in place. In Tucson we decided to walk around with it.

While making slow circles with your hands in the air, step R (1), L (3), on the offbeats lift the free foot high behind the foot on the ground.

Sequence:

Every time through you do: 3 bars (RLR) of part 1, either variation of part 2, any variation of part 3, 2 bars (RL) of part 1, either variation of part 2, any variation of part 3, then walking (part 4). Repeat this until the end of the dance.

The exception is at the very beginning. Leave off everything up to the 2x through step 1, replacing the missing material with the introduction step.

The Sequence on the video:

- 1) Intro, RL, hoedown, Shoulders, Walking
- 2) RLR, Butt, Karate, RL, butt, Wrestler, Walking
- 3) RLR, Butt, Shoulders, RL, Butt, Wrestler, Walking
- 4) RLR, Butt, Shoulders RL, Butt, Wrestler, Walking
- 5) RLR, Butt, Karate, RL, hoedown, Shoulder, Walking
- 6) RLR, Butt, Karate (Karate again)